

CONGRATS!

You've found a golden bin (yay!)
Want to win prizes for donating?
Follow these instructions!



STEP 1: Check if you live on one of these streets.
If you do...

STEP 2: Take a pic of you or your friends donating
at this bin. Make sure the tag is in the picture!

STEP 3: Upload to
www.facebook.com/upforward remember
to #rubbishselfie and add your postcode

I EXPIRE ON: _____

THIS WEEK'S PRIZE IS: _____

#RUBBISHSELFIE

I'm a
link too!



More info this way

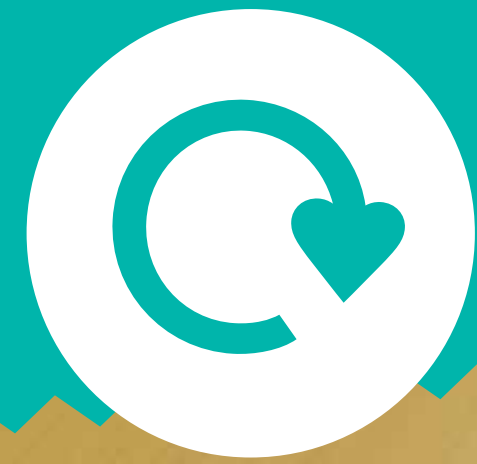


www.facebook.com/upforward



@recycle4gm #rubbishselfie

WIN PRIZES



Follow the four steps below for your chance of winning some of the prizes on offer.

STEP ONE:



Find a 'golden tag' attached to a bin.

STEP TWO:



Take a picture of you and your friends donating at a British Heart Foundation golden bin. Please include the tag in the picture.

STEP THREE:



Upload to www.facebook.com/upforward remember to #rubbishselfie and add your postcode.

STEP FOUR:



Wait until winner is announced to see if you have won the amazing prize.

#RUBBISHSELFIE

All donations go to British Heart Foundation.



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