

THINK BEFORE YOU BIN IT.

Up to 70% of your waste can be recycled

RE-THINK WASTE

ضائع چیزوں پر ازسر نو غور

We are all producing more and more waste, so it is important that we take responsibility for what happens to it by reducing, recycling and re-using as much as we can.

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About 20% of what goes in your household bin is food waste.

WASTE LESS, RECYCLE MORE

FOOD AND GARDEN WASTE



Plate scrapings & leftovers
پلیٹا اسکرپنگز اور بچے کھانے



Dairy products
دودھ کی مصنوعات



Plastic bags
پلاسٹک کے تھیلے



Rice & pasta
چاول اور پاستا



Garden waste
باغبانچہ کا کچرا



Black liners
سیاہ لائنر

Recycle for Greater Manchester's 'Up and Forward' project has been working closely with the Pakistani and Indian communities in East Bury to help people waste less and recycle more.

In partnership with Bury Council and with funding from the European Union local volunteers are being recruited to help residents understand what and how they should be recycling.

If you would like to help out with the campaign in Bury, please call Michelle on **0161 770 1764** or visit

www.recycleforgreatermanchester.com/upandforward

Read the recipe booklet at:
upandforward.recycleforgreatermanchester.com/recipe-booklet



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www.recycleforgreatermanchester.com/upandforward
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